

MINDSET MAP

AREA: ROMANTIC RELATIONSHIP

1. What is your desire?

2. Describe the relationship/lifestyle with your partner as you desire (be detailed).

3. What qualities do you need to have to create that relationship?

4. What qualities does your partner need to create that relationship with you?

5. What beliefs about yourself do you need to have to create this relationship?

6. What beliefs about your partner do you need to have to create this relationship?

7. What beliefs do you need to have about relationships to create this relationship?

8. What beliefs do you have that are not in acceptance of this reality? What beliefs do you have about relationships and your partner that are contrary to what you desire?

2. Describe the kind of financial experience you desire (be detailed).

3. What qualities do you need to have to create that experience?

4. What beliefs about yourself do you need to have to create this experience?

5. What beliefs about your finances do you need to have to create this experience?

6. What beliefs about money in general do you need to have to create this experience?

AREA: Health

1. What is your desire?

2. Describe the kind of experience you desire (be detailed).

3. What qualities do you need to have to create that experience?

4. What beliefs about yourself do you need to have to create this experience?

AREA: Career

1. What is your desire?

2. Describe the kind of experience you desire (be detailed).

3. What qualities do you need to have to create that experience?

4. What beliefs about yourself do you need to have to create this experience?
